



CATHERINE BEHRINGER



TRANSFERABLE SKILLS:

- soft skills on how to engage with all different walks of life, providing compassion and empathy



EXPERIENCE

- 1 year Mental Health Disability Support Worker
- Peer Support Leader UniSC
- Study Support Leader.



QUALIFICATIONS

- Undergraduate degree in Psychology

Bachelor of Psychology (Honours) Student

Neurodivergent-Affirming Mentor

AVAILABILITY TO BOOK IN WITH ME:

Monday:
9:30am to 5pm: **1:1 Availability**

Tuesday:
9am to 3pm: **1:1 Availability**
3.45pm - 5pm: Musical Theatre

Wednesday:
Unavailable

Thursday:
9am to Noon: Bushskills Walk
Noon to 6pm: **1:1 Availability fortnightly**
7pm to 8.30pm: Neurodivergent Woman

Friday:
9:30am to 5pm: **1:1 Availability**

Saturday:
10am to 2pm - 9-12 yrs Phoenix Friends

MY PASSION FOR THIS WORK:

I want to help create a world where individuals feel valued for who they are. I have a driving passion to help people feel seen and heard and believe that giving people space to be themselves has huge power to create a ripple effect of positive change in the lives of so many. When we feel safe to be ourselves and are free to explore - great things happen!



ND/Autistic Provider of the Year 2023 Winner

ND/Autism Excellence Awards.



Inclusion Award Award Winner 2023

Sunshine Coast Community Gala Awards



Finalist - Provider of the Year 2023

Sunshine Coast Community Gala Awards